

2025 IMPACT REPORT



Stepping Up for Youth: A Decade of Hope, Resilience, & Self-Determination

From our Executive Director

Dear Friends, Supporters, and Community Partners,

As we reflect on this past year, we are filled with gratitude for the incredible support that has allowed us to continue our mission of providing safety, stability, and hope to vulnerable youth in our community. Thanks to the generosity of donors, the dedication of volunteers, and the collaboration of our partners, we have made a tangible difference in the lives of countless young people who have sought refuge and safety at our shelter. You are part of their journey, their healing, and their success! Thank you!

This year has been one of both triumphs and challenges. With your support, we are proud to share that we provided 7,273 nights of safe shelter, served 13,705 warm meals, and welcomed youth into our shelter 998 times through our drop-in services. Every one of these numbers represents a life changed—a young person who found hope and resources to step towards a brighter future.

Yet, we also faced challenges. The rising cost of living and the growing number of youth experiencing homelessness put increased pressure on our resources. More young people than ever walked through our doors last year, seeking safety, guidance, and the chance to build a better life. Despite these obstacles, our commitment to them never wavers. With your continued support, we adapted, expanded services, and deepened our impact.

As we step into another year, we remain committed to "Steppin' Up for Youth", ensuring that every young person who walks through our doors knows they are valued, supported, and capable of building a future filled with possibility. Together, we can continue to break the cycles of violence, poverty, and homelessness to create lasting impact.

With heartfelt gratitude,

Kristen Mitchell

Kristen Mitchell

Executive Director & Co-Founder



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10 YEARS OF IMPACT: 2015-2025 STATS

Our goal is to ensure that every vulnerable youth has access to a safe, supportive, and affirming space to begin rebuilding their lives. Unaccompanied youth face extreme risks, including:

- Mental health challenges
- Physical & emotional abuse
- Sexual exploitation & trafficking
- Survival-driven high-risk behaviors

Through trauma-informed care, intensive case management, and life-skills development, our programs remove youth from dangerous environments and help them transition into stable housing or reunite with family. These comprehensive services empower youth to heal, build resilience, and create a path toward a brighter future.

This chart showcases a decade of impact, illustrating how our shelter has grown and evolved over the past 10 years to meet the needs of youth experiencing homelessness. Each number represents lives changed, support provided, and our community's commitment to making a difference.

Measure	Total	Ogden	St. George	Cedar City
Total Youth Served	4,268	2,919	1,005	334
Youth in Shelter Per Year	1,298	770	398	130
Total Shelter Night Stays	42,353	25,391	12,673	4,289
Resource Room Accessed	8,055	5,176	2,335	544
Meals Provided	96,467	64,492	25,693	6,282
Groups Conducted	1,090	279	384	427
Case Management Events	11,673	7,185	3,251	1,237
Individual Therapy Sessions Provided	1,836	1,084	583	169
Family Therapy Sessions Provided	62	42	17	3
Total Number of Drop-In Occurances	10,510	8,643	1,511	356

OUR JOURNEY: 10 YEARS OF ADVOCACY, GROWTH, AND IMPACT

SCOTT CATUCCIO & KRISTEN MITCHELL



Youth Futures was born out of a bold vision: to address the critical gap in shelter services for the approximately 7,000 youth experiencing homelessness annually in Utah. In 2011, our founders, Kristen Mitchell and Scott Catuccio, recognized a pressing need and set out to create safe, supportive spaces for youth in crisis. However, they quickly encountered a significant legal barrier—Utah’s laws didn’t allow for the licensing of youth shelters.

Undeterred, they worked tirelessly to advocate for legislative change, and in 2014, their efforts bore fruit with the passage of HB132. This landmark legislation paved the way for the creation of licensing procedures for temporary youth shelters, enabling organizations like Youth Futures to provide safe, low-barrier shelter for youth.



On February 20, 2015, Youth Futures opened Utah’s first licensed homeless youth shelter in downtown Ogden. Starting with just 14 beds and drop-in services for youth aged 12-17, we offered more than just shelter—we provided intensive case management, helping youth reunite with their families or build a path to independence.

Expanding our reach!

The need for Youth Futures’ services quickly became evident, and with the community’s support, we expanded to meet it. In 2018, we opened our second shelter in St. George, extending critical services to southern Utah. By 2022, we further expanded our reach by opening a shelter in Cedar City, which includes a nine-unit Transitional Living Program (TLP) designed to support youth aged 16-22. This program offers up to 24 months of life-skills training, therapy, and case management, helping young people transition to independent living successfully.



Today, Youth Futures provides critical resources for youth in need, operating 53 shelter and transitional beds in 3 cities that serve hundreds of young people each year. These wraparound services address both immediate and long-term needs, filling a significant gap in Utah where youth experiencing homelessness or instability require greater access to specialized support and care.

Providing Stability, Building Futures



In 2024, funding from individual donors, corporations, and charitable foundations enabled Youth Futures to provide emergency overnight services and temporary residential beds at our low-barrier shelters across Utah. With **53 beds** across Ogden, St. George, and Cedar City, we offer a safe haven for Runaway and Homeless Youth (RHY), ensuring they have the support they need to regain stability.

A Legacy of Impact

Youth Futures made history by opening Utah's first Residential Temporary Youth Shelter in Ogden on February 20, 2015. Since then, we have expanded our impact with:

- A second shelter in St. George (October 20, 2018)
- A third shelter in Cedar City (May 20, 2022)
- The launch of our first Transitional Living Program (TLP) in August 2022, offering up to 24 months of housing support for youth ages 16-22



Ogden



02-2015

St. George



10-2018

Cedar City



05-2022

10

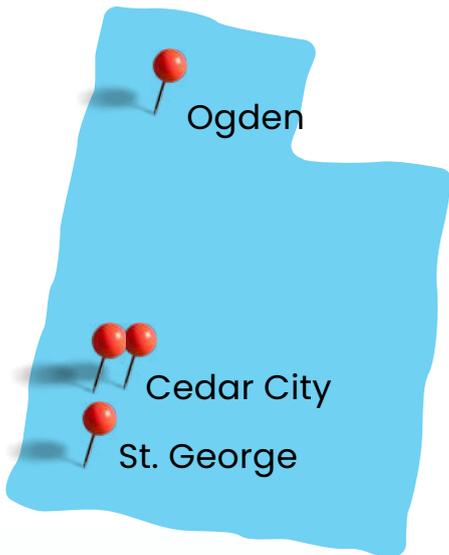


Youth Futures
UTAH

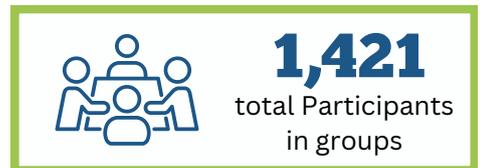
YEARS OFFERING HOUSING AND SUPPORT SERVICES TO YOUTH EXPERIENCING HOMELESSNESS IN UTAH. 2024 Annual Report

Each year, we measure the impact of our shelters by the numbers—because behind every statistic is a young life transformed. In 2024, our impact was reflected in the numbers below, highlighting the critical services we provided to youth experiencing homelessness—from safe shelter and warm meals to counseling and life-changing support.

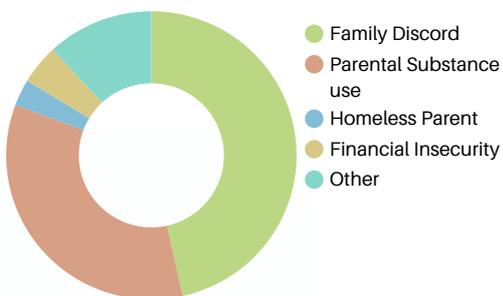
We reached more than **8,469**



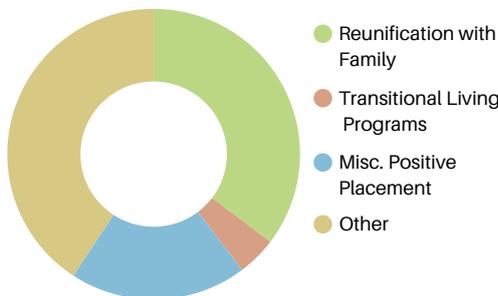
people across Utah!



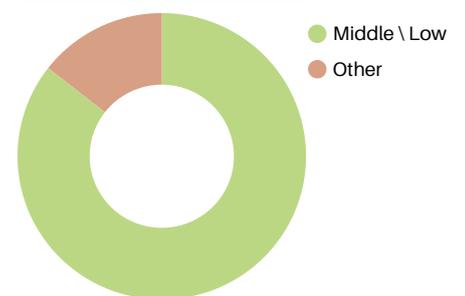
Reason for Seeking Shelter



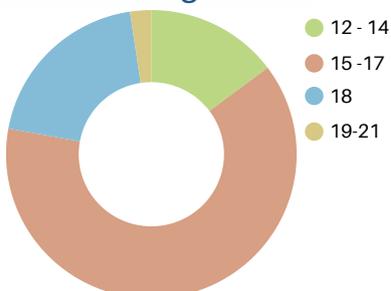
Exit Outcomes



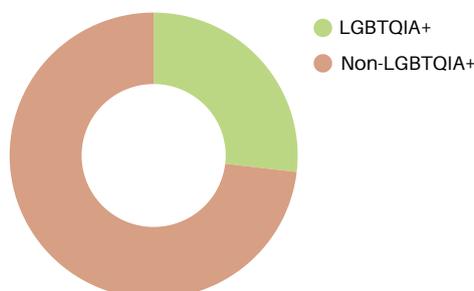
Parent Income



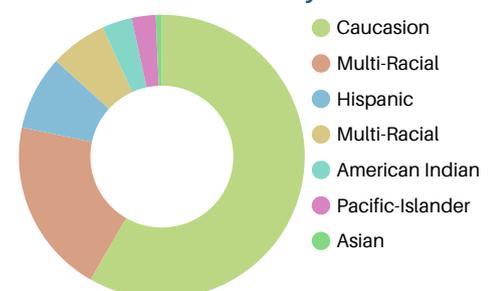
Age of Youth



LGBTQIA+



Ethnicity





From Silence to Song: A Journey of Resilience

In early November 2024, our phone rang with a call that would change a young girl's life. The behavioral medicine unit at St. George Regional Hospital was reaching out—there was a teenage girl in need of shelter. Her parents had made it clear: she was not welcome back home. A few hours later, she arrived at our doorstep with nothing but her name and age known to us.

She was silent. Withdrawn. The kind of quiet that made the world around her feel heavier. Staff members gently introduced themselves, but she rarely responded. She kept to herself, avoiding eye contact, isolating from both residents and staff. We worried. How could we reach her? How could we help her feel safe?

A few days into her stay, a call from a Division of Services for People with Disabilities (DSPD) caseworker shed light on the mystery. The caseworker explained that this young girl had a developmental delay. There were still a few administrative steps to finalize her case, but one thing was clear—she needed a place where she could be supported, understood, and cared for.

And then, little by little, things began to change. It started with small moments—watching others interact, offering the occasional smile. Then came the laughter. Then the singing. She giggled constantly, burst into song at random, and danced like no one was watching. She made friends, built confidence, and developed essential life skills—learning to care for herself, practice hygiene, do laundry, and navigate daily routines with independence.

The most heartwarming part? On March 18, 2025, she moved into the home of the sweetest host family—a place where she feels loved, valued, and truly at home. Her host family has shared that she's settling in beautifully, enjoying the warmth of family life, and especially loves playing with the grandkids when they visit.

From silence to song, from isolation to belonging—this is what hope looks like. This is the power of a second chance.



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#UTSleepOut2024

Freezin' for a Reason: A Record-Breaking Fundraiser for Homeless Youth



Last year, our community came together in an extraordinary way to support homeless youth in Ogden. Through our signature fundraising event, UTSleepOut we raised an incredible **\$50,000+**, ensuring that young people facing homelessness have access to shelter, support, and the resources they need to rebuild their lives.

Nights to Remember

Held both in Ogden and St. George, the evenings were filled with energy, purpose, and generosity. Supporters, local businesses, and dedicated volunteers made this event an overwhelming success. From the heartfelt stories shared by former shelter residents to the silent auctions featuring one-of-a-kind items, every moment reinforced the importance of our mission.



Community Support & Impact

The overwhelming success of this fundraiser was made possible by the generosity of our sponsors, donors, and attendees. Thanks to their contributions, we have been able to: Provide emergency shelter and safe housing for over 298 youth. Expand access to vital mental health and job readiness programs. Teach valuable life skills, including building healthy relationships, budgeting, and navigating community resources.

Steppin' Up For Youth in 2025

Youth homelessness is a challenge we can overcome—but only **if we step up together**. Every young person deserves safety, support, and the opportunity to build a brighter future. **You can be a part of the solution!**



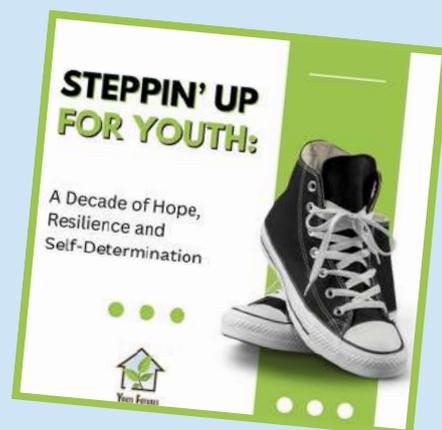
Here's how!

✓ **Donate** - Your support provides shelter, meals, and life-changing resources. Every dollar makes a difference.
<https://www.youthfuturesutah.org/index.php/donate>

✓ **Advocate** - Speak up for policies that protect and support homeless youth. Follow us on social media to stay informed.

✓ **Fundraise** - Host a fundraiser, start a Facebook campaign, or rally your workplace to give back.

✓ **Spread Awareness** - Share our mission with friends and family. A simple social media post can inspire action!



It takes all of us to create lasting change. Are you ready to step up?
Join us today and help ensure that every young person has a place to call home.

Spend A Night In Their Shoes! for National Homeless Youth Awareness Month

Northern Utah

**Saturday, November 8, @ 7pm -
Sunday, November 9 to 6am**

Youth Futures Ogden
2760 Adams Ave.



Southern Utah

**Saturday, November 15, @ 7pm -
Sunday, November 16 to 6am**

Youth Futures St. George
340 East Tabernacle St.